

힉글리쉬_주제,제목,요지 연습

1. Forget about surfaces and look for what's inside.

- ①사고의 폭을 넓히려면 다양한 사람들과 교류하라.
- ②친구의 단점을 지적하기보다 장점을 찾아 칭찬하라.
- ③인기 있는 사람이 되려면 먼저 자신의 인격을 기르라.
- ④처음 만난 사람에게 지나치게 개인적인 질문을 삼가라.
- ⑤친구를 사귀려면 내면의 모습에 주목하여 꾸준히 노력하라.

2. As pointed out in an American Association for the Advancement of Science report, Science for All Americans, “indeed, challenges to new ideas are the legitimate business of science in building valid knowledge.”

- ①과학의 권위는 이론의 검증과 적용을 통해 확립된다.
- ②철학의 추론 기법은 다양한 과학 연구에 응용될 수 있다.
- ③과학 탐구의 방향은 공동체의 정치적인 지향을 반영한다.
- ④기존의 지식에서 새로운 아이디어의 실마리를 찾을 수 있다.
- ⑤민주적 환경에서 과학은 타당한 지식을 형성하는 데 기여한다.

3. The promotion of negative stereotypes of insects can be largely traced to failure by Europeans to appreciate or understand the customs of the lands they colonized and their misperception that the way of life of most indigenous populations they encountered was barbaric.

- ①efforts to control pests using natural enemies
- ②untapped potential of insects as a food source
- ③cultural reasons for people's dislike for insects
- ④prejudices against insects based on their appearance
- ⑤various roles of insects in supporting the eco-system

4. Our senses are not geared toward detecting the underlying dangers.

- ①Chemicals as a Blessing in Disguise
- ②Under Undetectable Attack by Chemicals
- ③Brain Chemicals: Traces of Human Evolution
- ④Chemical Signals: Brain's Communication Tools
- ⑤Beyond Biological Evolution to Chemical Evolution

5. Clearly we need to take intention into account when we define aggression.

- ①행동의 공격성을 판단할 때는 의도를 헤아려야 한다.
- ②다툼이 발생하면 제삼자가 공정하게 중재해야 한다.
- ③잘못된 행동의 결과에 대한 책임을 져야 한다.
- ④운동할 때 안전을 최우선으로 고려해야 한다.
- ⑤어린이에게 협동의 중요성을 가르쳐야 한다

6. This situation is now changing as the importance of public consultation becomes increasingly recognised.

- ①주민 편의 시설의 설치를 위한 예산 확보가 시급하다.
- ②건축물 개발의 초기 단계부터 대중의 참여가 필요하다.
- ③친환경 자재를 활용하는 것이 건축비 절감에 효과적이다.
- ④개발 과정에서 지역 주민 간 갈등이 심화하는 경향이 있다.
- ⑤거주자의 개별적 요구를 수용하는 건축 설계가 증가하고 있다.

7. Birds, as a whole group, are more sensitive to changes in their environment than other animals, so when they start falling off perches we should all be troubled. / In short, birds are confused and under stress.

- ①controversies over how to preserve birds' habitats
- ②changes in bird behavior due to the climate change
- ③competition among bird species over limited food sources

- ④necessity of paying close attention to the declining bird population
- ⑤relationships between birds' migration and breeding patterns

8. "Research from cognitive science has shown," he explained, "that the sorts of skills that teachers want for their students—such as the ability to analyze and think critically—require extensive factual knowledge.

- ①Critical Thinking: A Must for Creativity
- ②Factual Knowledge Is No Longer Required
- ③Does Learning Happen Only in the Classroom?
- ④Knowledge: A Cornerstone for Cognitive Activities
- ⑤Physical Activities Enhance Cognitive Development

9. . A program should be established that looks for likely invasion routes of pests into a museum facility and takes steps to prevent use of these routes.

- ①박물관의 구조는 해충의 침입에 대비하여 설계해야 한다.
- ②박물관은 해충의 침입 경로 차단을 위한 노력을 해야 한다.
- ③박물관은 방문객들에게 바람직한 관람 태도를 홍보해야 한다.
- ④소장품 보존과 관련된 박물관 직원들의 전문성을 높여야 한다.
- ⑤보건 위생을 위해 박물관은 소독을 정기적으로 실시해야 한다.

10. People with pets were perceived as being more socially attractive and as having more desirable personal characteristics.

- ①애완동물은 동반하는 사람에 대한 호감도와 친근감을 높인다.
- ②애완동물과 규칙적으로 산책하는 것은 건강에 좋다.
- ③애완동물에게도 다양한 정서적 욕구가 존재한다.
- ④애완동물은 아이들의 인성 발달에 도움을 준다.
- ⑤애완동물이 가족의 구성원으로 부각되고 있다.

11. Although it is often regarded with suspicion, immigration tends to confer benefits on the host group. In recent history, countries with the

highest net inward migration have also had the highest growth rates, the two factors clearly being linked in harmony.

- ①necessity of consistently educating immigrants
- ②endless controversy over worldwide immigration
- ③difficulties in creating a new economic organization
- ④positive effects of immigration on the host country
- ⑤efficient ways to activate movement between societies

12. Take decisive action to restore a sharp edge to your productivity. This is the very reason professionals such as accountants, lawyers and nurses are required to continuously learn what's new in the profession in order to remain up-to-date and useful in their professions.

- ①Keep on Learning to Stay Productive
- ②Repeat the Same Things for Mastery
- ③Different Jobs Require Different Skills
- ④Competition Does Not Ensure Productivity
- ⑤Knowledge Is One Thing, Practice Another

13. The solution is to read in the company of other people who are reading—whether in a public space such as a café or a library, or in your own home, with your reading friend or partner at the other end of the sofa.

- ①책을 한 번만 읽지 말고 여러 번 읽어라.
- ②오랫동안 읽지 않은 책은 도서관에 기증해라.
- ③책을 혼자 읽지 말고 다른 사람들과 함께 읽어라.
- ④책을 읽고 난 후에 글로 써서 생각을 정리해라.
- ⑤집중력 향상을 위해 소리 내어 책을 읽어라.

14. Of the two great influences that make humans what they are, heredity and environment, environment is undoubtedly the more powerful.

- ①influences of humans on environment
- ②roles of heredity in human behaviors
- ③necessity of further research on genome
- ④problems of human separation from nature
- ⑤impact of environment on human evolution

15. When people built huge earthworks to appeal to the powers of heavens, they built them in animal forms.

- ①Human Fascination with Animal Forms
- ②Efforts to Record Disappearing Species
- ③Origins of the Names of Heavenly Bodies
- ④Influence of Animals on Scientific Progress
- ⑤Historical Background of Astronomical Progress

16. The thrill of bargain hunting motivates shoppers and gives them a feeling of winning over the retailers.

- ①Bargain Hunting: A Motivation for Shopping
- ②Customer Service Outweighs Price
- ③Low Prices, Low Productivity
- ④Online Shopping Causes Crisis for Retailers
- ⑤To Shop or Not to Shop? Just Say No to Shopping

17. Therefore, a retirement plan needs to be set in motion at an early stage of life to assure that retirement is all that it can be.

- ①삶의 질 향상을 위해 주당 근무 시간을 줄여야 한다.
- ②은퇴 후에는 안정성에 바탕을 두고 자산을 관리해야 한다.
- ③노년의 건강한 삶을 위해 적절한 취미 활동을 찾아야 한다.
- ④은퇴 후의 삶을 위해 일찍부터 재정적인 준비를 해야 한다.
- ⑤고령화 사회에 진입함에 따라 근로자의 정년을 연장해야 한다.

18. We tell ourselves stories about what we are doing as individuals, framing our actions all the while as deserving an audience.

- ①우리는 가정 교육을 통해 적절한 사회 규범을 배운다.
- ②우리는 누군가가 우리를 지켜봐 주기를 바라며 행동한다.
- ③부모는 자기 자녀의 실수에 더 엄격한 기준을 적용한다.
- ④주변 사람의 관심은 어린이의 창의력 발달을 촉진시킨다.
- ⑤부모와의 신체적 접촉은 자녀의 정서적 안정에 도움을 준다.

19. Infants were not simply copying the actions but rather repeating the intended goal.

- ①What the Body Language Means to Adults
- ②Infants' Unconditional Imitation of Adults
- ③Infants Get Satisfaction from Bodily Movements
- ④Infants' Ability to Understand Why Beyond How
- ⑤What Matters in Mind Reading: Not Why but Who

20. There are a variety of currents in the oceans, and because they move and mix the water they will influence various aspects of the environment.

- ①effects of currents on the environment of marine life
- ②changes in ocean currents caused by global warming
- ③various ways of using currents in scientific research
- ④the relationship between fish species and fishing
- ⑤types of ocean currents and their characteristics

21. Often the difference between feeling fulfilled at work and feeling empty, lost, annoyed, and burned out is all about whether or not you're learning anything. /

It's amazing how much more you learn when you pause, quiet your mind, and listen to what others say.

- ①경쟁보다는 협력을 통한 성취에 가치를 두어야 한다.
- ②직장에서 배움을 통해 성취감을 느끼려면 경청해야 한다
- ③관리자는 직원들에게 능력에 맞는 역할을 부여해야 한다.
- ④좋은 인간관계를 유지하려면 상대방의 입장을 배려해야 한다.
- ⑤성공적인 직장 생활을 위해 끊임없이 새로운 것에 도전해야 한다.

22. The more times you prove to yourself that you are there for yourself, and you're enough to handle the situation, the more confident you'll be.

- ①보편적인 자신감은 누구에게나 내재되어 있다.
- ②반복해서 자신을 지지함으로써 자신감을 키울 수 있다.
- ③상황에 대한 정확한 이해가 자신감 형성에 도움이 된다.
- ④자신감을 회복하려면 주변 사람들의 격려가 있어야 한다.
- ⑤지나친 자신감은 인생의 어려움을 극복하는 데 방해가 된다.

23. Some city planning experts called for legislation against texting while walking that would be followed by a deep change of norms. / Another direction for adaptation to the problem was provided by city councils via better urban planning and interventions to generate awareness.

- ①the urgent necessity of regular safety drills in urban areas
- ②the serious effects of tech-addiction on cognitive abilities
- ③different strategies to address the problem of texting walkers
- ④unexpected reasons why legislation against texting while walking failed
- ⑤major conflicts between advanced technology and outdated traffic systems

24. A couple of years ago, I became interested in what we call hardship inoculation. This is the idea that struggling with a mental puzzle—trying to remember a phone number or deciding what to do

on a long Sunday afternoon—inoculates you against future mental hardships just as vaccinations inoculate you against illness.

- ①Have Vaccinations Always Proven to Be Effective?
- ②Physical Activities as the Driving Force for Mental Health
- ③Give Young Adults a Chance to Escape Academic Pressure!
- ④A Shot of Mental Hardship Vaccine to Ease Later Struggles
- ⑤Demanding Puzzles: Obstacles to Follow-Up Mental Activities

25. One of the most difficult things many successful people do is to challenge their own beliefs.

- ①성장을 위해 자신의 신념에 도전하라.
- ②성공을 위해 역경을 밑거름으로 삼으라.
- ③타인의 비판에 대해 수용적 태도를 가지라.
- ④타인을 비판하기 전에 자신을 먼저 돌아보라.
- ⑤자신의 신념을 실행에 옮기는 용기를 키우라.

26. If he would have only taken a few minutes to get the nail removed, he most likely would not have received a flat tire on that particular day.

- ①문제 발생을 막기 위해 사전 예방이 필요하다.
- ②안전 장비 착용을 의무화하는 것이 중요하다.
- ③사고 발생 시 침착한 대응이 바람직하다.
- ④어려운 일은 여럿이 함께 해결하는 것이 좋다.
- ⑤안전사고 예방에 대한 철저한 교육이 요구된다.

27. It's important to concentrate your food intake during those times when your body's energy needs are greatest and not to consume more calories than your body needs to meet its immediate energy needs at any time.

- ①the effects of nutrient timing on psychological states
- ②the roles of essential nutrients to improve your health
- ③the correlation between slow eating and calorie intake
- ④the benefits of maintaining optimal weight for your health
- ⑤the importance of nutrient timing to reach optimal weight

28. Careful choice of words means that you would have thought about what you are going to say beforehand.

- ①Never Let Your Friends Get Lonely
- ②Careful Listening: The Key to Success
- ③Small Talk as an Effective Ice-Breaker
- ④Be Mindful Before You Say Something
- ⑤Silence Is Better Than Meaningless Words

29. Like cross-training, cross-eating adds needed variety to your life—in this case, nutritional variety.

- ①여러 가지 영양소를 섭취하기 위해 식단을 다양화하라.
- ②지방이나 나트륨이 많이 함유된 음식을 가급적 피하라.
- ③한 번에 과식하기보다는 조금씩 여러 번 식사를 하라.
- ④영양 균형을 위해 가공식품의 과잉 섭취를 피하라.
- ⑤건강을 위해 규칙적인 식사와 운동을 생활화하라.

30. Individualized achievable challenge connects students to knowledge by communicating high expectations, confirming that they have the capacity to reach these goals, and showing them how to access the tools and support they need to reach goals they consider desirable.

- ①기본 개념을 이해시키는 것이 수학적 응용력을 향상시킨다.
- ②수학적 재능을 가진 학생을 조기에 발굴하는 것이 중요하다.
- ③놀이를 활용한 수업은 수학에 대한 흥미 유발에 효과적이다.
- ④생활 속 수학적 원리를 이용한 수업이 활성화될 필요가 있다.
- ⑤성취 가능한 개인별 도전 과제 부여가 수학 학습에 도움을 준다.

31. Over the years, as socioeconomic classes arose in society in the Middle Ages, work began to be seen as the curse of the poor. / Then, as we entered the 1900s, Henry Ford and other industrialists convinced us that work led to progress for our society and our families.

- ①various ways to improve working conditions
- ②changes in the perception of work over time
- ③efforts to raise awareness about workers' rights
- ④influences of the working class on modern society
- ⑤relationships between working hours and productivity

32. Producing through the lens of the bigger picture will make your work seem larger than life, while work produced with a narrow focus is usually dismissed as “typical.”

- ①What Makes You a Confident Person?
- ②Take Initiative Rather than Standing Back
- ③A Broader View: The Road to Success at Work
- ④Talent: The Fruit of Efforts, Not Innate Ability
- ⑤Can We Have Success Both at Work and at Home?

33. Choose words that are more expressive, like ‘great’ or ‘terrific’ or ‘wonderful’ if you want to express pleasure, and words like ‘adequate’ or ‘satisfactory’ if your intent is to communicate that the movie or meal was okay, but nothing more.

- ①어휘력 향상을 통해 경쟁력을 갖춰라.
- ②말보다는 행동으로 상대방에게 만족감을 주라.
- ③상대방의 감정을 배려하여 어휘를 선택하라.
- ④진심을 담은 칭찬으로 상대의 마음을 움직여라.
- ⑤의미를 분명히 전달할 수 있는 어휘를 사용하라.

34. It is the job of the performer to bring life to the printed symbols laid out by a composer.

- ①the benefits of early music education
- ②the difficulties of making a composition
- ③the importance of a composer's intention
- ④the role of a music performer as an interpreter
- ⑤the effects of musical signs on music interpretation

35. In general, telling is no longer well received. It can be perceived as lacking in respect, narrowing opportunities and shutting down possibilities by implying that the individual is incapable of solving a problem.

- ①정보화 시대에는 매체 활용 능력이 필수적이다.
- ②남에게 충고하기 전에 자신을 먼저 돌아보아야 한다.
- ③정확한 정보만이 상대방에 대한 정확한 이해를 돕는다.
- ④일방적으로 조언하는 것은 정보화 시대에 더 이상 적절하지 않다.
- ⑤기술의 발전은 상상 속에서나 가능한 일을 현실로 바꾸어 놓는다.

36. Whether or not we can catch up on sleep—on the weekend, say—is a hotly debated topic among sleep researchers; the latest evidence suggests that while it isn't ideal, it might help.

- ①Signs of Sleep Deprivation
- ②How to Break Bad Sleeping Habits
- ③Catch-Up Sleep: Is It a Perfect Solution?
- ④Unhappy Weekends of Sleep-Deprived People
- ⑤Sleep Loss: A Common Problem for Modern People

37. As you search for patterns, ask yourself whether the clue you are evaluating is just an isolated event.

- ①단편적인 모습으로 그 사람을 판단해서는 안 된다.
- ②시대의 변화에 따라 자녀 양육 방식도 달라져야 한다.

- ③옳고 그름을 판단하는 기준은 사람마다 다를 수 있다.
- ④성과보다는 성장 가능성을 고려하여 사람을 평가해야 한다.
- ⑤겉으로 드러난 자녀의 행동만으로 잘잘못을 따져서는 안 된다.

38. The exact person will be different for everyone, but never waste time trying to battle a voice alone.

- ①두려움과 의심을 주변 사람과 나누어라.
- ②새로운 도전에 대한 두려움과 의심을 버려라.
- ③외로움을 극복하려면 혼자 있는 시간을 즐겨라.
- ④자신의 목소리를 낮추고 함께하는 삶을 추구하라.
- ⑤어떤 상황에서도 진실을 말할 수 있는 용기를 가져라.

39. When we are wilted and drooping, our sadness signals are received by others who are strangely attracted by our messages

- ①How Our Bodies Express Our Excitement
- ②The Depression Display: A Strange Attractor"
- ③A Step Toward Ideal Relationships with Others
- ④Body Language: A Way of Hiding Your Emotions
- ⑤Facial Expressions: Indicators of a Health Disorder

40. "That's why so many insights happen during warm showers," Subhra Bhattacharya, a well-known psychologist, says. "For many people, it's the most relaxing part of the day."

- ①the disadvantages of inward directed attention
- ②the risk of being distracted by what arises in your mindm
- ③ways of staying focused on the problem solving process
- ④positive effects of warm showers on emotional well-being
- ⑤the importance of a relaxed state of mind for reaching insights

정답

문제	정답	문제	정답	문제	정답	문제	정답
1	5	11	4	21	2	31	2
2	5	12	1	22	2	32	3
3	3	13	3	23	3	33	5
4	2	14	5	24	4	34	4
5	1	15	1	25	1	35	4
6	2	16	1	26	1	36	3
7	4	17	4	27	5	37	1
8	4	18	2	28	4	38	1
9	2	19	4	29	1	39	2
10	1	20	1	30	5	40	5